

WHAT TO EXPECT

While every interview experience is unique, here is what happens during a typical interview.

1. Welcome!

When you arrive at Good Grief, your volunteer facilitator will greet you and go over all of the interview details with you. We recommend that you use our planning worksheets and guides to help you and your guest(s) discuss the topics you would (or would not) like to discuss and the style of session you will record (storytelling vs. interviewing). Please bring any of these prep documents with you.

2. Prep

Your volunteer facilitator will review the process for the interview and ensure that you and all guest(s) feel comfortable with the setup and the flow for the session.

3. Sound

Your volunteer facilitator will conduct a sound check to make sure you have a great sound quality for your interview. The interviewer will ask you to silence your cell phone, take off any loud jewelry, and show you how to speak into the microphone.

4. The Interview

Your volunteer facilitator will help begin the session and ask questions as you have discussed. You and your guests may then use the time to share your story, go “off-script” if desired, and ask any questions you would like.

5. Photo

At the end of your session, your volunteer facilitator will ask you if you and your guest(s) would like to take a photo. A photo can be a nice complement to the audio recording.

6. Release Forms and Sharing

Please review our release forms and sign a copy. It is important to think about what you discussed in your interview, and whether you would like any of the information to remain private. The mission behind this project is to share our stories with the community to strengthen and build connections within the community.