



# BRING RESILIENCE TO YOUR COMMUNITY: COMMUNITY TOOLKIT

## WHY SCHOOLS?



- 1 out of 7 students will experience the death of a parent or sibling by the age of 25, and 90% will grieve a significant loss before graduating from high school.
- Research indicates that schools and peer groups are two of the dominant environments where risk factors for children emerge after a loss.
- School-aged children need a safe, natural environment to build resilience after experiencing loss.
- 93% of teachers reported never having received specific training on the subject of childhood bereavement.
- Schools are a critical space for ensuring a child's emotional, physical, and mental health.

## A COMPREHENSIVE APPROACH

Our school-based program takes a comprehensive approach to help children build resilience to overcome loss and adversity in their lives. Our research-informed model consists of four programs developed specifically to create a healthy and supportive environment for students, educators, and parents.

- Grief Support Groups
- Routes to Resilience Learning Program
- Professional Development
- Parent Education

## WHAT YOU CAN DO



1. **Send your school district an email explaining why you think Good Grief Schools is important for your district**
2. **Invite Good Grief to join a PTO meeting, town meeting, conference, or tabling event**
3. **Raise the issue with your local government to work towards resilient schools in your community**

## CONTACT US



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