



# BRING RESILIENCE TO YOUR COMMUNITY: PARENT TOOLKIT

## WHY SCHOOLS?



- 90% of students will grieve a significant loss before graduating from high school.
- Research indicates that schools and peer groups are two of the dominant environments where risk factors for children emerge after a loss.
- School-aged children need a safe, natural environment to build resilience after experiencing loss.
- 93% of teachers reported never having received specific training on the subject of childhood bereavement.
- Schools are a critical space for ensuring a child's emotional, physical, and mental health.

## A COMPREHENSIVE APPROACH

Our school-based program takes a comprehensive approach to help children build resilience to overcome loss and adversity in their lives. Our research-informed model consists of four programs developed specifically to create a healthy and supportive environment for students, educators, and parents.

- Grief Support Groups
- Routes to Resilience Learning Program
- Professional Development
- Parent Education

## WHAT YOU CAN DO



- 1. Talk to your school staff about bringing Good Grief Schools to your district:**
  - Teachers
  - Counselors
  - School Administrators
- 2. Invite Good Grief to present at your next PTO meeting**

## CONTACT US



**609.498.6674 x8013**



**education@good-grief.org**



**goodgriefschools.org**