



BRING RESILIENCE TO YOUR COMMUNITY: SCHOOLS TOOLKIT

WHY SCHOOLS?



- 1 out of 7 students will experience the death of a parent or sibling by the age of 25, and 90% will grieve a significant loss before graduating from high school.
- Research indicates that schools and peer groups are two of the dominant environments where risk factors for children emerge after a loss.
- School-aged children need a safe, natural environment to build resilience after experiencing loss.
- 93% of teachers reported never having received specific training on the subject of childhood bereavement.
- Schools are a critical space for ensuring a child's emotional, physical, and mental health.

A COMPREHENSIVE APPROACH

Our school-based program takes a comprehensive approach to help children build resilience to overcome loss and adversity in their lives. Our research-informed model consists of four programs developed specifically to create a healthy and supportive environment for students, educators, and parents.

- Grief Support Groups
- Routes to Resilience Learning Program
- Professional Development
- Parent Education

WHAT YOU CAN DO



1. **Start a conversation with colleagues and school administrators about why you think Good Grief Schools would be beneficial for your school**
2. **Reach out to Good Grief to set up a meeting with your school**

CONTACT US



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